

WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

AUTUMN/WINTER 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Cheese and Tomato Pizza ♡ 🌿
Served with Potato Wedges

Pork Sausages
Served with Mashed Potato and Gravy

Roast Pork
Served with Roast Potatoes and Gravy

Chicken and Vegetable Korma 🐟 ♡
Served with Wholegrain Rice

Breaded Fish Fingers
Served with Chips

Chilli No Carne with Crispy Tortilla ♡ 🌿
Served with Wholegrain Rice

Cauliflower Macaroni Cheese ♡ 🌿 ♡
Served with Garlic and Herb Bread

Sweet Potato and Chickpea Roast ♡ ♡
Served with Roast Potatoes and Gravy

Vegetarian Cottage Pie ♡ ♡

Crispy Quorn Nuggets ♡
Served with Chips

JACKET POTATO

Jacket Potatoes ♡ 🌿
with a choice of hot and cold fillings

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Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♡ 🌿

All main meals are served with two vegetables

DESSERT

Magic Apple and Cinnamon Bake 🍏

Strawberry Jelly

Orange Shortbread with Fruit Slice 🍊

Banana and Carrot Cake 🍌

Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

♡ Vegetarian 🐟 Oily Fish 🌿 Wholegrain

🍏 Fruity! ♡ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.